Reflections from Professor Ian Hall - first published in the University of Nottingham School of Medicine newsletter, and; Professor Kurt Wilson, on behalf of the PSA Assessment Board.

It is with great sadness that I sat down to write this tribute to Mark Glover following his recent unexpected death. Mark was a valued colleague and friend. I first met him when he was an SHO in Nottingham between 2004 and 2006, and then helped facilitate his inter-deanery transfer to Nottingham in 2010.

Mark had a distinguished undergraduate career, obtaining 1st class in every year of his pre-clinical medical sciences degree at Gonville and Caius College at the University of Cambridge. He completed his MB BChir, obtaining a Distinction, and then undertook clinical training in Cambridge and in Nottingham before moving back to Cambridge for a BHF funded PhD. His PhD studies led to further recognition including in 2008 and 2009 the British Hypertension Society Young Investigator of the year award.

Arranging an inter-deanery transfer was quite a challenging time for Mark. At the time Mark’s civil partner Adam was in Nottingham but whilst inter-deanery transfers for married couples were reasonably straightforward to arrange we had a number of ‘interesting’ discussions about facilitating a transfer for Mark. Same sex marriage was of course not legal in the UK at that time, and it was only following the historic changes which were enacted in 2014 that Adam and Mark were able to get married, which they did shortly after the law changed.

From Nottingham in 2014 Mark obtained a highly prestigious MRC Clinician Scientist award to study sodium handling in the kidney, following on from the work he had undertaken during his PhD. This led to a landmark paper in JCI entitled Phenotypic and pharmacogenetic evaluation of patients with thiazide-induced hyponatremia which led to international attention. He continued his clinical and laboratory studies on hypertension and the kidney after the MRC fellowship finished, and was involved in several major collaborations in the field at the time of his death.

Mark made a number of significant contributions within Nottingham, but it was probably less well recognised locally that he also had major national roles both in education and guideline development. In 2016 Mark was appointed to Technology Appraisal committee B at the National Institute for Health and Care Excellence (NICE) and as part of this role was both co-author and co-editor of a large number of evaluations of the effectiveness
and cost utility of new medicines for the NHS. In addition, from 2019 Mark co-authored many of the MHRA Pharmacovigilance monthly publications which update UK doctors about new and emerging adverse effects of UK licenced medicines. He also helped write the NICE 2019 guideline on ‘Hypertension in adults: diagnosis and management’. The last of these was a particularly challenging task given the strongly felt and often divergent views of experts in the field!

Throughout this time, Mark contributed to the clinical care of patients in Nottingham and beyond. Joining the clinical service initially established by Sir Peter Rubin, and together with Professor Philip Bath, Mark helped further develop hypertension services across the region. He leaves behind a highly-respected severe hypertension service, and his clinical expertise in this area is already being missed.

At a personal level, Mark was a fantastic colleague. He was always calm and collegiate in his approach, and a helpful mentor to all those with whom he worked. Mark loved to travel both for work and pleasure, finding the planning and anticipation almost as enjoyable as the trips themselves. Outside of work, he was a keen cook and loved trying out new recipes from home and abroad. He had a mischievous sense of humour which found a like-minded home in his Private Eye subscription. He took great pride in the decoration of his home and development and maintenance of his garden. He was also a keen swimmer and a long-time member of the Nottingham Leander swimming club. He will be sorely missed, and the world of clinical pharmacology is a poorer place without him.

Professor Ian Hall

We were deeply shocked and saddened by the news that Mark has passed away. He was such a warm, friendly and caring person, highly intelligent yet unassuming.

Mark was involved with the prescribing assessment from the beginnings of the examination. He was one of our very first PSA authors, attending author training on 15th Sept 2011 and helping to create material for the first online pilots in 2012. After a number of years as a regular author and peer reviewer, he was appointed to the assessment board, attending his first board meeting in November 2017 to approve the 2018 papers.

We had the pleasure of meeting with Mark in London each year at our annual board meeting. We also had a series of half day zoom calls in 2020 to approve the 2021 papers during the pandemic, and Mark took the time to attend many of these; we have fond memories of Mark sitting in his conservatory in front of his gorgeous garden during those zoom calls in the Summer of 2020. Outside of our meetings, Mark took part in a great deal of preparatory and post-assessment work for the national examination.

Mark was an invaluable member of the assessment board and his input was considerable over the years. He was involved in approving 29 summative papers and 4 practice papers (and well over 1000 items). Many of his reviewed question items have been used in the PSA examinations, following on from his dedicated emendation. His reviews were always careful, considered and complete. We remember him as such a modest and genuine, but enormously insightful colleague.

Mark will be sorely missed on the board. We offer our sincere condolences to Mark’s friends and family.

Professor Kurt Wilson